

UCSF Alliance Health Project

Harm Reduction for Better Health

Talk with an AHP counselor and decide what behavior changes you can make to improve your life and health. What does harm reduction look like?

For Drug and/or Alcohol Recovery

- Managing cravings
- Identifying triggers
- Stopping negative thoughts
- Identifying relapse justifications
- Reducing risk for injectors
- Joining a support group to talk it over

For Sexual Health

- Getting free HIV tests at AHP
- STD screenings and treatment
- Hepatitis A vaccination and hepatitis C screening
- Learning about sexual behaviors that reduce the risk of HIV infection.
- Access to PrEP navigation services at AHP

With Syringe Access

- Syringe access is a best practice to reduce the spread of HIV and hepatitis C.
- AHP is a syringe access site and has syringe disposal boxes in all bathrooms and at the reception desk.

Contact Us

Call 415-476-3902 Monday through Friday,
9 am–5 pm and ask for triage.

Drop-in to 1930 Market Street on Mondays,
Wednesdays and Fridays from 9 am–11 am.

