

The UCSF Alliance Health Project supports the mental health and wellness of the lesbian, gay, bisexual, transgender and queer (LGBTQ) and HIV-affected communities in constructing healthy and meaningful lives.

I have never before felt so human in how I've been spoken to by a mental health professional. For the first time in my life, I am having therapy without feeling like I'm sitting on a microscope slide. My thoughts and feelings feel real, and not like a case study, and I feel that I have truly grown more powerful and capable as a result.

I've felt welcomed and supported in all my experiences with the staff at Alliance. I've done individual and group therapy, as well as psychiatry. Easy to get in touch with my providers. Gentle care and support.

Most helpful about this services to embark in a journey of self care that I deserve to be loved. I honestly wouldn't change anything.

I love the programs at AHP. The staff and the people I have been working with have been wonderful. I am so happy you are there to provide the amazing service.

I think your staff is incredible and very kind people and I really appreciate them. Thank you!

The staff are trained and knowledgeable in areas of expertise, especially in queer and trans topics. It helps to have staff who relates and understand you to a certain degree.

I feel personally respected as an individual in the care I received with UCSF AHP. If I could change anything, I would ensure they are better funded and able to expand their program!

FROM THE DIRECTOR

In year three of the COVID pandemic, our community's unwavering capacity to care for underserved San Franciscans has given me strength. Exasperated by the social backlash toward gender, sexuality, and racial justice and progress, AHP's staff and donors have astounded me with their commitment to the mental health and wellness of our clients.

This past year required us all to find new ways to adapt and highlighted the importance of our relationships with each other and our community. We got through the angst of the sale of the AHP Services Center at 1930 Market Street and our new lease came with a market rate rent increase. That sale led to an earthquake safety review by UCSF and a mandate to undergo a substantial earthquake retrofit. After months of negotiations and preparations to empty our offices and relocate our staff and clients to our administrative offices, we waited while delays in planning and construction extended the timeline. I am so impressed by how well our staff and clients have adapted to these challenges and we are all looking forward to returning to the clinic in the first quarter of 2023.

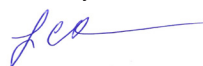
At the same time, our commitment to dismantling white supremacy individually and structurally continues. Many of our staff are participating in a year-long somatic racial healing course utilizing Resmaa Menakem's book *My Grandmother's Hands*. Staff members have also contributed to the development of our agency Anti-Racism Commitment Statement; a supervisor evaluation tool to address structural power imbalances; and hiring and recruitment processes designed to address unconscious bias. This ongoing process of increasing staff diversity and equity will have incalculable benefits to our clients and is central to our values as an organization.

We were thrilled to gather at in-person LGBTQ+ Pride events for the first time in two years with our booth at the Trans March and marching together in the SF Pride Parade. We gathered for fundraisers, retirement parties, and our Sexual Health Service team's incredible AHP & Chill events promoting HIV prevention and PrEP for trans women, Black and Latinx folks, and People of Color who are at the highest risk of developing new HIV infections.

In October 2021, we held our annual fundraiser, Art for AIDS, virtually, for the second year in a row and thanks to our supporters, we raised an impressive \$262,000. We are so grateful to the artists, sponsors, donors, and buyers for making our event a success.

As I write this, my final annual report summary letter, I am confident the organization will thrive with the same devotion under the new Director, and with your help will continue to be a beacon of light while caring for the mental health and wellness of LGBTQ+ and HIV-affected clients.

In solidarity,




Lori Thoemmes, LMFT
Director

Behavioral Health

512 People living with HIV who received outpatient mental health services

337 People living with HIV who received case management & psychiatry services to help them remain engaged in primary medical care and virally suppressed

315 People with serious mental illness or substance use who received behavioral health services

690 Hours of peer support groups facilitated by volunteers

MENTAL HEALTH & SUBSTANCE USE

Help People Help Themselves.

Individual and group support including immediate intervention for people in crisis, psychiatric assessment and medication management. Most mental health and support services are free; in some cases, income or insurance limits apply.

Meet Folks Where They Are. Harm reduction—individual substance use counseling, case management, and group support—creates a constructive and effective setting for addressing mental health and substance use concerns.

TRAINING & RESEARCH

Build Knowledge and Capacity. AHP trains HIV test counselors, mental health and substance use professionals, and staff from agencies seeking to foster a well-informed, client-centered, interculturally responsive, stigma-free environment.

Discover While Serving. HIV and LGBTQ+ healthcare research leads AHP staff to recognize gaps and develop ideas for filling them. AHP researches new approaches to HIV prevention and LGBTQ+ mental health.



Provider Training & Education

357 Number of HIV test counselors trained live/online in California

45 Number of trainings provided live/online nationally

17 Number of California counties trained



Our Services

SUPPORT GROUPS & WELLNESS WORKSHOPS

Connect People Together. Support and therapy groups help people build community and address mental health and wellness topics together. Groups vary in the number of weeks they last and in their target audience.

Feel Better Than Ever. AHP also uses the power of community to promote a world of well-being through workshops and forums on both LGBTQ+ and HIV-related topics.





SEXUAL HEALTH SERVICES

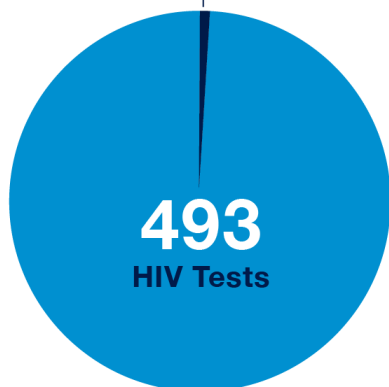
Sex Is Good, Sex Is Fun, Get Tested, Stay Safe

HIV and STD testing empowers people with information. For HIV/STD appointments, go to **AHPTest.org** or call us at 415-502-TEST (8378).

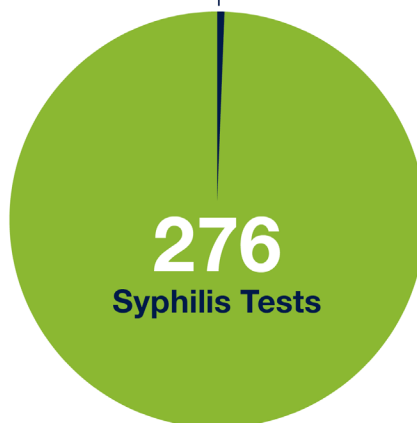
AHP provides clean syringes to people who inject drugs and runs one of the city's PrEP navigation programs, helping people access PrEP.



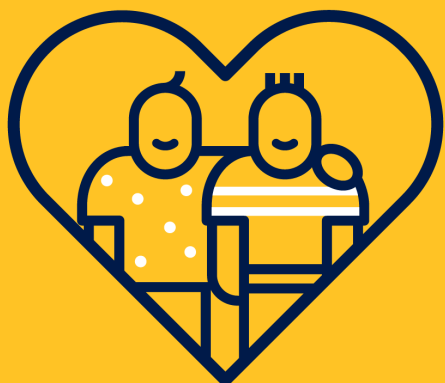
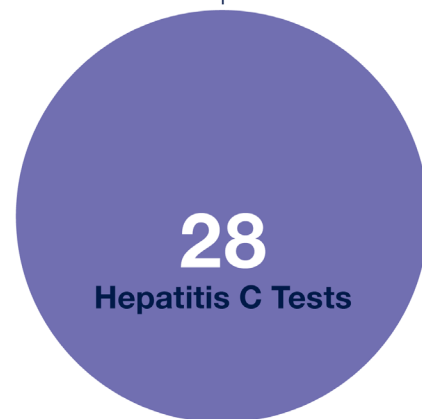
HIV Positive
Results 5 (1%)



Syphilis Positive
Results 2 (0.7%)

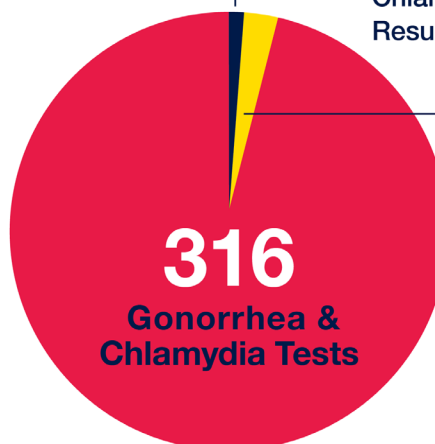


Hepatitis C Positive
Results 0 (0%)

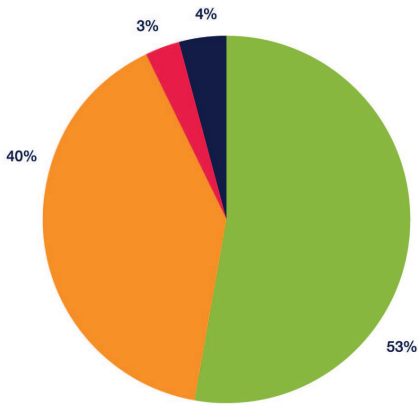


Gonorrhea Positive
Results 4 (1.3%)

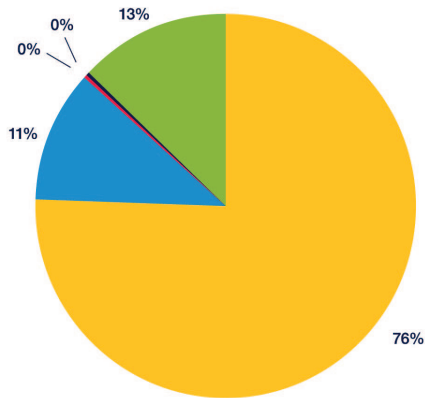
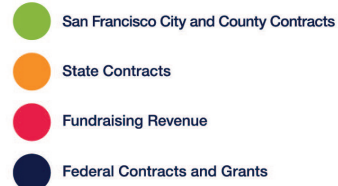
Chlamydia Positive
Results 8 (2.5%)



ANNUAL FINANCIAL REPORT 2021-2022



Expenses



Revenue



San Francisco City & County Contracts 53%

LGBTQ and HIV Mental Health Services	\$4,500,997
HIV+Case Management at ZSFG	\$787,628
Substance Use Treatment	\$507,256
Getting to Zero Intensive Case Management	\$425,373
HIV/STD Counseling and Testing	\$604,718
PrEP Navigation	\$105,781
Total	\$6,931,753

State Contracts 40%

HIV Education and Training	\$1,082,000
HIV Surveillance, Prevention and Care	\$4,240,102
Total	\$5,322,102

Federal Contracts & Grants 4%

Trauma Informed Assertive Case Management	\$558,280
Total	\$558,280

Fundraising Revenue 3%

Endowment Interest Income	\$72,410
Other Interest Income	\$0
Fundraisers, Foundations, Corporate and Individual Donations	\$273,513
Other Funding	\$40,000
Total	\$385,923
Grand Total	\$13,198,057

Salaries & Benefits 75%

Salaries & Wages	\$7,041,905
Employee Benefits	\$2,568,148
Total	\$9,610,053

Operations 11%

Total	\$1,397,059
Required UCSF Fee for All Donations	\$19,516
Art for AIDS Fundraiser Expenses	\$65,397
Staff and Advisory Board Meetings	\$823
Total	\$1,482,795

Indirect Costs 14%

includes university fees assessed on all gifts and grants

Total	\$1,738,867
Grand Total	\$12,831,715
Change in Net Position	\$366,341

Reserves

Unrestricted Operating Reserve	\$2,476
Restricted Reserves (Fundraising & Clinical P&L)	\$486,894
Total	\$489,370

Restricted Endowment

Total	\$1,416,434
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UCSF Restricted Research Chair

Total	\$455,539
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DONORS 2021-2022

\$10,000 - \$25,000

Gilead
Sciences, Inc.
James W. Dilley, MD &
Jorge O. Morales
Cyrus
Sanandaji

\$5,000 - \$10,000

Presidio Bay Ventures
UCSF/ZSFG
Department of Psychiatry
West Builders Inc.
James Bacchi & William
Scott Balentine
Cynthia Farner
Jodi Westbrook Flowers,
Esquire
Anthony & George
Harrison, MD
Bob Ross Foundation
Matthew Meiners
Kate Shumate
Diane B. Wilsey

\$2,500 - \$5,000

UCSF/ZSFG
Associate Dean's Office
Julie Armistead &
Fred McNeer
Susan Breall
Joseph Brennan
Dee Hampton
Enchi Liu
Bérénice Mettler
Irene Pleasure
Sophia Toh

\$1,000 - \$2,000

Adirondack Foundation
Andrea Schwartz
The Arthur J. Gallagher
Foundation
Brio Financial Group
SJ Cimino Electric, Inc.
Michélanne Baker
Jan Baughman
Tracy Broadman

Michelle Cataldo &
Bard Adler
Shirley & Stephen Cookston
Mary Corrigan
Philip & Sheri De Carlo
Angelo DiPietrantonio
DK Haas & Trish Tunney
Brad Hare, MD & Gary
Larioza
Chance Kaleimakalii Ramos
& Georg Krammer
Maggie Law & Ritu
Bhargavan
Suzanne Luger
Robert Marks & Saul
Rosenfield
Jamie Moran
Courtney Norris
Stephan P. Ouellette &
Dennis Gilbert
Kenneth Pearce
John Randell & Kevin Berry
Gabriel Sarah, MD
Annette & Mark Schutz
Barton Shulman
Amy & Matthew State
Lori Thoemmes &
Susan Weigle
Jeffrey L. Wolf &
Joanne Otani

\$500 - \$1,000

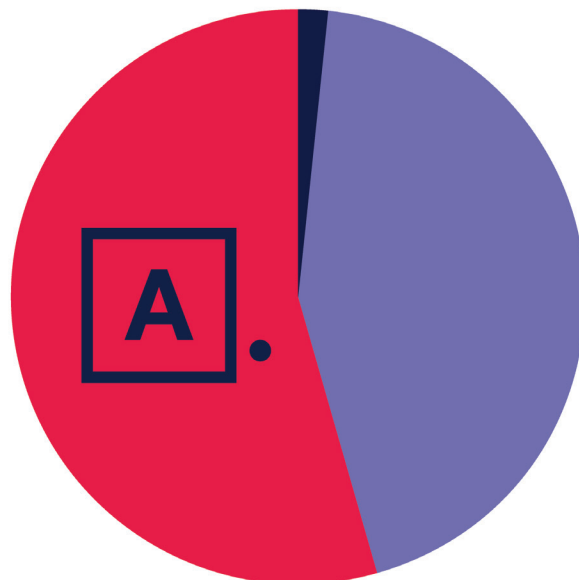
Community Thrift Store
Horizons Foundation
Judith Ahrens
Andrew Charles Blonde
Camo Bortman &
Dwayne Shanz
Geoffrey B. Dryvynsyde
James & Lynn Fitzwater
Dennis Madura
Kristi McCahon
Dena Narbaitz
Sean O'Donnell
Atef Shaikh, DO
Martha Shumway
Lisa Weindorf
Scott Williams &
Scott Walton
Holly & Albert Wong

\$250 - \$500

Brian Chaboyer
John A. Fassett
Charles Fordham von Reyn
Angela Friday
Ramón Matos

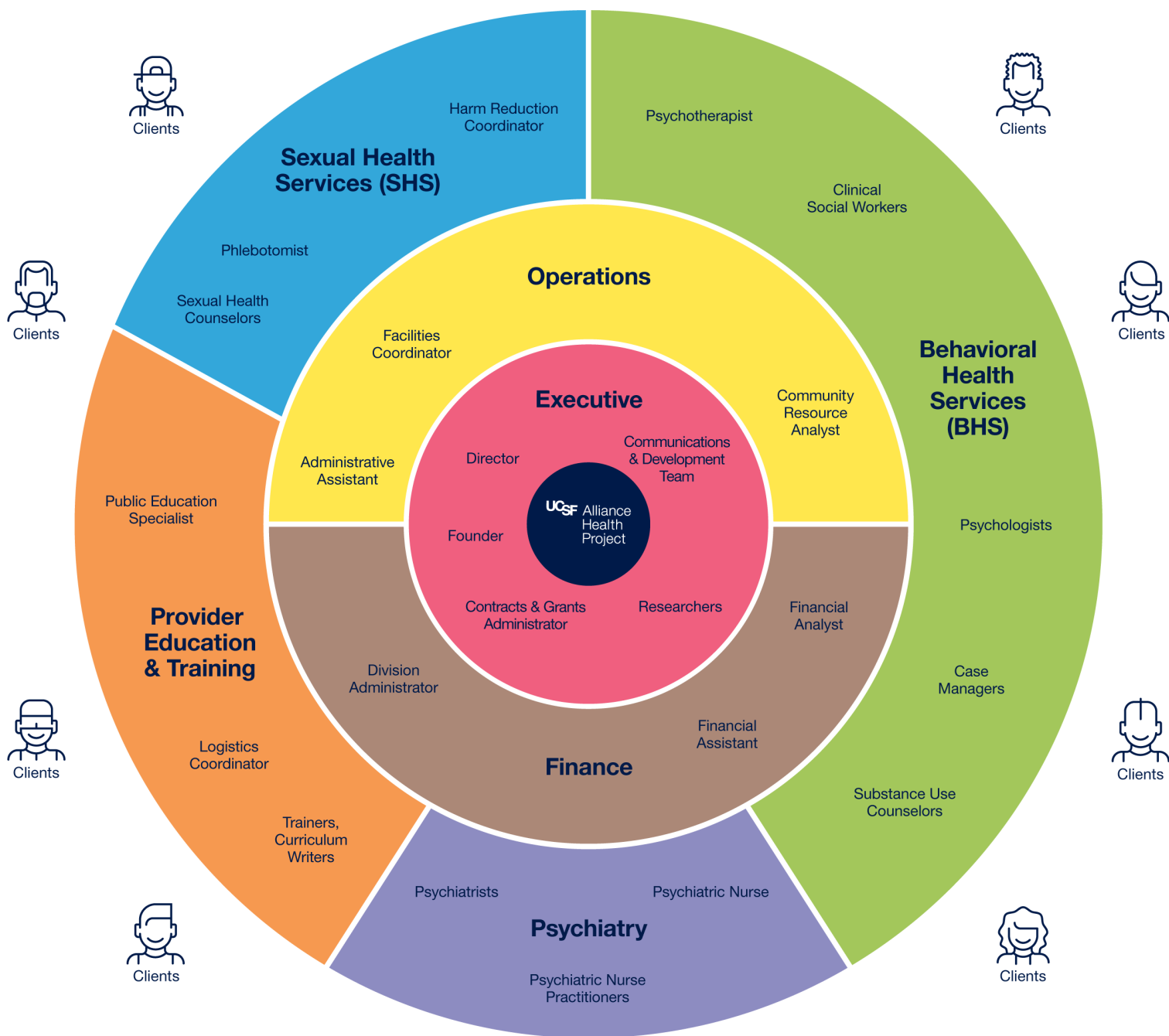
\$100 - \$250

Anonymous
Erin Breland
Joseph Cecere
Jessica Eisenlord
John P. Esterle & Mary
Beth Reticker
Robert Leonard Frank
Judy Groulx
Fran Halliday
Kamal Harb
Mark Heizer
Jeffrey L. Javits
Denise Laws
Samuel Luckenbill
Judy Minton
Sydney Pietrzak
Sheldon Safir
Peter Scott
William & Patricia Tunney
Cynthia Varkevisser
Sheila Von Driska
Nico van Dongen & Marie
Sayles
Susan C. Walter



\$261,971 Total Sales

- Donation \$4,421
- Sponsorship \$115,000
- Auction \$142,550



STAFF

Alliance Health Project is a UCSF program located in the Department of Psychiatry and Behavioral Sciences at ZSFG. Founded in 1984 at the height of the AIDS pandemic, our staff and impact have expanded throughout the decades. Our organization is represented above in a non-hierarchical structure reflective of our commitment to equity and our goal of abolishing systems of injustice.